

# Surviving Your Junior High Years

## How is Middle School Different?

- **Different Classes:** You will go to a different classroom for each subject. You'll need to learn where each class is and what time it starts.
- **New Rules:** It's your responsibility to become familiar with the school rules. Read the student handbook for this information when it is issued at the beginning of the year.
- **A Busier Schedule:** You will only have a few minutes to get from one class to the next, and some classes may require you to walk to a different side of campus.
- **More Classmates:** There may be different students in every class you have. Be respectful and polite to everyone around you.
- **More Teachers:** You will have a different teacher for every class. Become familiar with each teacher's classroom rules and always be respectful.
- **More Choices:** You will have opportunities to participate in a variety of extracurricular activities.
- **More Homework:** This is another part of your growing responsibility.

## Making the Most of your Junior High Experience

- **Get Organized:** Schedule time for homework and other activities. Use an agenda to keep track of assignments and scheduled activities.
- **Get Involved in School:** Join a club or take a class that interests you.
- **Meet New People:** Be yourself and be friendly to both classmates and teachers. Getting involved in school activities can provide opportunities for building relationships.
- **Avoid Trouble:** Always obey school rules and stay away from people who pressure you to do things you don't want to do.

Source: "Learn About Starting Middle School". Channing L. Beete Co., 1997.